



HAVE A PLAN

EMERGENCY SUPPLY LIST



FOOD AND WATER

- 3-day supply of non-perishable food that needs no cooking
- Hand-operated can opener
- Plastic plates, cups, utensils
- 2 gallons of water per day for each person, to last 3 days for drinking and sanitation

FIRST AID

- First-aid kit
- Backup prescriptions for essential medications

PERSONAL HYGIENE

- Hand sanitizer or disinfectant wipes
- Toilet paper, paper towels, garbage bags
- Dental care and vision products
- Travel-size soaps and other personal supplies

CLEAN AIR ITEMS

- Nose and mouth protection masks (N-95 rating)
- Plastic sheeting, duct tape

BABY ITEMS

- Formula, bottles, powdered milk
- Diapers, baby wipes, diaper rash ointment

LIGHTING

- Flashlights for each family member with extra batteries
- Fluorescent lanterns for each common area
- Waterproof matches or a utility lighter

COMMUNICATION

- Portable, battery-powered radio
- Land-line phone with long cord

- Extra batteries for flashlights, lanterns, radio
- Extra cell phone battery or car charger
- Whistle

FAMILY SAFETY ITEMS

- Smoke detector with battery for each floor
- Carbon monoxide detector with battery backup
- Fire extinguisher
- Non-scented bleach for sanitization
- Sunscreen, insect repellent
- Shovel and basic tools

TRANSPORTATION ITEMS

- State and regional road maps
- Basic repair items (tools, tire patch kit, engine oil)
- Games, books, puzzles

PET NEEDS

- 3-day supply of non-perishable pet food and water
- Pet medications and pet first-aid kit
- Current photo in case you are separated
- Cat litter and box
- Pet bed, toys, carrier, leash

NOTES:
